Healthy Collaboration at NLCAHR
Community Engagement in Practice

RESEARCH WEEK LUNCH & LEARN SESSION
November 14, 2019
Today’s Talk

NLCAHR & Engagement

Research Exchange Groups

CHRSP

What we’ve learned

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NLCAHR & Engagement

Health System

Patients & Caregivers

Government

Contextualized Health Research Synthesis Program

Community Organizations

Researchers

Research Exchange Groups

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Our Approach to Engagement

Make it matter. Make it easy.

Build networks of networks.

Keep in touch.

- Listen and let partners lead
- Work **with** partners on issues they care about
- Be helpful and optimize participation
- Use common language

- Everyone is welcome.
- Ask partners to invite their colleagues and friends
- Grow organically.

- Communication is key
- Easy-to-navigate website
- Opportunities for feedback
- Acknowledgement and appreciation
Research Exchange Groups

knowledge exchange & capacity-building
inclusiveness, growth & connection

By the Numbers

19 groups
1191 members
93 meetings last year
Research Exchange Groups

Newfoundland & Labrador Centre for Applied Health Research

NEW THIS YEAR! Human Animal Interaction & Wellness

Now Recruiting:
Health & the Built Environment
Cancer Technology & Health

Global Health Harm Reduction Hort. Therapy
Mental Health MFVH¹ Oral Health
Palliative Care RN&A Health² SLICE³

1 Military Families’ & Veterans’ Health | 2 Rural, Northern, and Aboriginal Health | 3 Service Learning/Community Engagement
These groups smash silos!

TEAMWORK
Being part of this group just reinforces for me how teamwork - working across disciplines - brings tremendous strength to practice, to research, and to developing best practices in healthcare.

BUILDING BRIDGES
Workshop Portal (www.nlcahr.mun.ca)
Literature Review
Cross-pollination

IMPACT
NL Centre for Studies on Aging
Harm Reduction
Rewarding Success Teams

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Share YOUR IDEAS
CHRSP

Contextualized Health Research Synthesis Program
decision support for the NL healthcare system

By the Numbers

1 2 3 4 5 6 7 8 9

35 Published studies
189 Project partners
12 Years of collaboration

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CHRSP & Engagement

Partners pick the topics
- Six healthcare organizations
- Patient & Caregiver Advisory Council
- CHRSP Champions, CEOs, Deputy Ministers

Partners work on research teams
- Academics and subject experts
- Health system decision makers & front-line staff
- Community organizations, patients and caregivers

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Evidence in Context Studies (since 2007)

- iKT method designed in collaboration with health system and iKT experts
- Team-based: subject experts, health system reps, academics, patients, caregivers
- Reports: contextualized evidence syntheses in 50 page / 4 page / 1 page formats + Online Companion Document
- 20 EIC reports have been published
CHRSP Products & Methods

**Rapid Evidence Reports (since 2012)**

- Developed in response to health system demand for quicker turnaround
- Consult with HS to refine topic. CHRSP researcher + Director + Subject Expert produce the study
- Quality appraised literature overview, and brief contextual considerations: 15-25 page format
- 11 RER reports have been published
Snapshot Reports (since 2017)

• Jurisdictional scans that outline practices, programs, or policies implemented elsewhere
• Designed to help decision making when HS wants to consider a range of options but does not yet know what the “intervention” should be
• Can be the catalyst for further study as an RER or an EIC
• Consult with HS to refine topic. CHRSP researcher(s) + Director produce a 15 page report (plus tables/appendices)
• 4 Snapshot reports have been published
IMPACT
Robust, sustainable partnership.
Positive feedback and actual uptake.

EXPANSION
Patient & Caregiver Advisory Council
3-province collaboration

The CHRSP Age-Friendly Acute Care report was very helpful. It examined research and the NL context, including implications for decision makers in this province. This is a useful document as we consider outcomes for seniors in acute care and how to improve them.
- Government Official

CHRSP Highlights

Using the Memphis Model of mobile crisis intervention, 161 visits to homes were made in April 2018 compared to 84 visits in April 2017. - CBC News July 2018

CHRSP certainly supported us in being able to fund and support the implementation of the Memphis Model in the province.
- Government Official

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What we’ve learned

Be patient

- Expect delays: engagement takes time.
- Be prepared to change approaches to respond to changing needs.

Leadership is crucial

- Organizational leaders are crucial to success
- Intermediaries can help, so does being a small place
- Leverage existing networks as you build new ones

Trust & Respect

- Show respect, build trust, be transparent
- Develop a shared sense of purpose
- Respect organizational & cultural differences
- Use resources wisely
- Be useful!
QUESTIONS?

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