CHRSP Patient & Caregiver Advisory Council:
Support for evidence-informed decision making in Newfoundland & Labrador healthcare

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Session Overview

• Review of PCAC Input
  – Patient-friendly summaries
• Topic selection 2019 Process, Review and Discussion
• Topic selection 2020-2021, PCAC Involvement
• General Feedback on PCAC
  – Future participation in CHRSP activities – suggestions, requests?
• Questions & Answers
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CHRSP PCAC Input: Review

• CHRSP Summary for Patients and Caregivers
  – Patient-friendly summary for our EIC reports
  – Your comments on the format, design and language will be integrated into creating these summaries going forward
Topic Selection: Health Themes

• We asked you to tell us what health themes are important to patients and their caregivers.

• You gave us a great list of health themes that we have now provided to our Health System Partners.

• We asked our Health System Partners to think about your priorities in the 2019 round of topic selection.
Health Themes Identified by PCAC

- Equity in Access to Health Care Services
- Care Transitions
- Care Planning and Continuity of Care
- Caregiver Experience and Support
- Impacts of Caregivers (on patients, on healthcare system, on communities etc.)
- Support for Patients with Alzheimer’s and support for their Caregivers
- Healthy Aging
- Managing Chronic Pain and Cognitive Decline
- Appropriate Palliative Care for Young People
- Supports for and Management of Chronic Disease in the Workplace
- Telehealth for Chronic Disease Self-Management
- Mental Health and Addictions Supports
- Environmental Health
- Inclusion of Non-professional Volunteers in Health Care
- Health and Community Service Challenges for People Lacking Circles of Support
- Impact of wait times on patient health outcomes
- Barriers and Facilitators for Rheumatoid Arthritis Diagnosis and Treatment
PCAC CHRSP Input: Review

• Topic Selection 2019
  – We sent you our health system partners’ long list of topics.
  – You identified your favorite topics and our partners were able to review this feedback before a final vote
  – PCAC and health system partner topics aligned well
Selected Topics: Evidence in Context Reports (EIC) and Rapid Evidence Reports (RER)

1) Mental Health Supportive Employment Services (RER)
   – What models of supported employment use Individual Placement and Support (IPS) and the recovery approach effectively in meeting the needs of people with mental illness?
   – Also the topic most highly prioritized by PCAC members

2) Cardiac Management using Remote Patient Monitoring (EIC)
   – What are the benefits and risks of using remote patient monitoring for patients who require diagnostic cardiac catheter lab testing as opposed to admitting them to hospital?
   – Also highly ranked by PCAC members

3) Identification and Management of High-Risk Obstetric Cases (EIC)
   – What models exist to support clinical best practice in the identification and management of high-risk obstetrics patients who live in rural and remote areas?
Selected Topics: *Snapshots*

1. **Vulnerable Families (in progress)**
   – What are the best/promising practices for prevention or early intervention with vulnerable families that include children?

2. **Tailoring Tele-psychotherapy for Rural and Indigenous Patients (completed)**
   – How have other jurisdictions that remotely deliver mental health and addictions services (including tele-psychotherapy) tailored such services to meet the unique needs (cultural, geographic, social) of individuals living in rural, remote, and Indigenous communities?

3. **Rapid Access Clinics for Chronic Obstructive Pulmonary Disease (in progress)**
   – How have other jurisdictions offered community-based rapid access clinics for adult COPD patients to improve performance status and quality of life and decrease hospitalizations and Emergency Room visits
   – Highly ranked by PCAC members
Topic Selection 2020-2021

• Our health system partners have been reminded of the health themes that the council identified last year.
• Our health system partners have submitted a long list of topics for CHRSP researchers to review with patient/caregiver priorities in mind.
• CHRSP Researchers are currently assessing the feasibility of research topics submitted by our health system partners.
• In December, we will be asking PCAC members which topics on the consolidated list are most relevant to them from the patient/caregiver point of view.
• Our health system partners will receive PCAC identified priorities before they vote on the topics of highest priority to the health system.
Current & Future CHRSP Projects

Recently Completed:
• RER: Rural Obstetrics
• RER: De-Prescribing Medications
• Snapshot: Tailoring Tele-psychiatry for Rural and Indigenous Patients
• Quick Response Reports for COVID-19 (various topics)

Current Studies:
• EIC: Experiences in Palliative Care: Home vs. Healthcare Settings
• RER: Mental Health Supportive Employment Services
• Snapshot: Support for Vulnerable Families
• Snapshot: Rapid Access Clinics for Chronic Obstructive Pulmonary Disease
• Quick Response Reports for COVID-19 (various topics)

Upcoming
• EIC: Cardiac Management using Remote Patient Monitoring
• EIC: Identification and Management of High-Risk Obstetric Cases
Topic Selection Discussion

• What did you think of your involvement in topic selection as a PCAC member?

• Do you think it is of interest to PCAC members to be more involved in future by submitting research topics of your own?

• Would it be useful to create a PCAC Topic Selection Handbook?
General Feedback on PCAC

• Are you comfortable with your role on the advisory council?

• Are there any areas where you’d like us to provide you with more information or support?

• Are you interested in continuing on the council?

• Honorarium – please notify us of any changes of address
Questions?
Evidence in Context
THE CONTEXTUALIZED HEALTH RESEARCH SYNTHESIS PROGRAM

www.nlcahr.mun.ca/CHRSP