Palliative Care at Home
in Newfoundland & Labrador

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Overview

• Background & methods
• Preliminary findings
• PCH: provincial context
• Potential partners / contextual factors
Background

• Death at home more common

• Comparison of experiences

• Quality of Life, Costs
Methods: CHRSP

- **Contextualized**
- **Health**
- **Research**
- **Synthesis**
- **Program**

CHRSP synthesizes the best available research evidence.

CHRSP looks at local conditions to figure out what will work here.

Designed to support evidence-informed health policy in Newfoundland & Labrador.
Methods: Evidence in Context

The CHRSP 7 Step Method

1. Ask the health system

2. Set priorities

3. Build the team
   - NLCaHR
   - Health system leader
   - Team leader
   - Context advisors
   - Academics

4. Synthesize the evidence
   - Search
   - Filter
   - Critically appraise
   - Synthesize evidence

5. Put in context for NL

6. Identify the implications

7. Report the results

Newfoundland and Labrador Centre for Applied Health Research
www.nlcahr.mun.ca/chrsp
Questions/ Discussion
Preliminary Work

- Subject Matter Expert
- Search Strategy
- Search Results
Subject Matter Expert

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BIOGRAPHY
Barbara Pesut, PhD, RN is a Professor in the School of Nursing at the University of British Columbia. She holds a Canada Research Chair (Tier 2) in Health, Ethics and Diversity. Her program of research explores the implications of religious, spiritual and geographic diversity for palliative care. Recent projects have examined ethical issues in rural palliative care, palliative family caregiving and educating nurses for a palliative approach. She is currently conducting a trial of nurse navigation to better support rural palliative patients and their family caregivers.

EDUCATIONAL BACKGROUND
PhD, Nursing, University of British Columbia
MSN, Nursing Education, University of British Columbia
BSN, Nursing, University of Victoria
Nursing Diploma, BCIT
Search Strategy

• **Population**: Palliative/end of life adult clients and their families

• **Intervention**: Palliative/end of life care at home

• **Comparator**: Palliative/end of life care in an institution (including hospitals, hospice, etc.)

• **Outcomes**: Quality of life and health care costs
Search Strategy

- PICOS searches
- Collaborate with Kristen Romme
- Iterative process
- Optimized: focus on Intervention
- Note: no MeSH for palliative care at home
Search Strategy


- Results – 12,655
- Results [systematic reviews] – 107
Search Results

- Our search string yielded 107 results, with only 7 relevant results, consisting of 1 overview, 6 systematic reviews (including 2 Cochrane reviews).
Search Results

- PICOS characteristics
- Availability of comparative literature
- Range of measured outcomes: Symptom Burden, Physical Function & Quality of Life
Questions/ Discussion
PCH: Provincial Context

- Professional and lived experience
- Programs and services
- Past, present and future
Partners / Contextual Factors
Thank you!
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