Stella's Circle
Hope Lives Here
Transforming Lives through Real Homes, Real Help & Real Work
Who We Serve
Stella’s Circle

REAL HOMES
Brian Martin Housing Resource Centre
Naomi Centre
Front Step
Rapid Re-housing

REAL HELP
Community Support Program
Just Us Women’s Centre
Emmanuel House

REAL WORK
Intake Assessments & Individual Counselling
Employment Counselling & Transition Groups
ABE Level 1
Work Experience

Stella’s Circle
Real Homes – Front Step

- Age range 18-75
- Addictions – 88.3%
- Mental Illness – 83%
- Legal History – 79.8%
Lloyd

- 365 days of homelessness: 329 days in emergency shelters; 36 days in institutional setting
- Moved into a one-bedroom apartment
- Initially struggled but engaged with supports
- Goal: find employment
- Started work with Clean Start: recognized for his determination and work ethic
Real Homes – Housing Services
Real Work – Social Enterprise

Clean Start
an initiative of Stella's Circle

Hungry Heart cafe
Real Work – Social Enterprise

- 436 participants received services from Employment Services
- 81 participants secured employment or returned to school
- 19,000 hours worked at Clean Start, CanDo, Hungry Heart
- 3,500 workplace-based training hours at Hungry Heart
Real Work – Social Enterprise

• John
  • Participated in pre-employment groups and work placements
  • Worked alongside our staff
  • Barriers to her success – ability to deal with change, anxiety, financial unpredictability re labour market transitions
  • Went from working a couple of hours a week with SC staff to working independently
Real Help – Just Us

- Average age 36
- Aboriginal 11%

Unique participants

- 213 participants in 2016-17
- 205 participants in 2015-16
- 193 participants in 2014-15
- 182 participants in 2013-14
Determinants of Health

Culture
Income & Social Status
Social Support Network
Education & Literacy
Employment/Working conditions
Social Environments
Physical Environments

Health Services
Gender
Biology and Genetic Endowment
Healthy Child Development
Personal Health Practices & Coping Skills

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Points to Ponder

• Determinants all interact and must be considered together
• Some determinants have greater impact than others
• True integration of response is critical
• Importance of strong community and community organizations