

**BAHAR HAGHGHAT- OCTOBER 24 PRESENTATION ON WEIGHT STIGMA &
COUNSELLING IN EDUCATION- REFERENCE LIST**

References

- Adams, L. (2009). Weight Bias among Counselors-in-training: A Qualitative Inquiry, 70(02), 0481.
- Akoury, L. M., Schafer, K. J., & Warren, C. S. (2019). Fat Women's Experiences in Therapy: "You Can't See Beyond... Unless I Share It with You". *Women & Therapy*, 42(1-2), 93-115.
- Almeida, L., Savoy, S., & Boxer, P. (2011). The role of weight stigmatization in cumulative risk for binge eating. *Journal of clinical psychology*, 67(3), 278-292.
- Amici, C. J. (2000). Effects of client body size on the attitudes and assessment of pathology by female and male mental health professionals.
- Andreyeva, T., Puhl, R., & Brownell, K. (2008). Changes in Perceived Weight Discrimination Among Americans, 1995-1996 Through 2004-2006. *Obesity*, 16(5), 1129-34.
- Bacon, L., & Aphramor, L. (2011). Weight science: evaluating the evidence for a paradigm shift. *Nutrition journal*, 10(1), 9.
- Bergen, M., & Mollen, D. (2019). Teaching sizeism: Integrating size into multicultural education and clinical training. *Women & Therapy*, 42(1-2), 164-180.
- Brewis, A. A., Hruschka, D. J., & Wutich, A. (2011). Vulnerability to fat-stigma in women's everyday relationships. *Social Science & Medicine*, 73(4), 491-497.
- Brownell, K. D., Puhl, R. M., Schwartz, M. B., & Rudd, L. (Eds.). (2005). Weight bias: Nature, consequences, and remedies. New York, NY, US: Guilford Publications.
- Carels, R. A., Rossi, J., Borushok, J., Taylor, M. B., Kiefner-Burmeister, A., Cross, N., ... & Burmeister, J. M. (2015). Changes in weight bias and perceived employability following weight loss and gain. *Obesity Surgery*, 25(3), 568-570.

- Chen, E. Y., & Brown, M. (2005). Obesity stigma in sexual relationships. *Obesity Research, 13*(8), 1393-1397.
- Daghofer, D. (2013). From weight to well-being: Time for shift in paradigms. A discussion paper on the inter-relationships among obesity, overweight, weight bias, and mental well-being. Vancouver, BC:[BC] Provincial Health Services Authority. Retrieved from http://www.phsa.ca/population-public-health-site/Documents/W2WBTechnicalReport_20130208FINAL.pdf.
- Davis-Coelho, K., Waltz, J., & Davis-Coelho, B. (2000). Awareness and prevention of bias against fat clients in psychotherapy. *Professional Psychology: Research and Practice, 31*(6), 682-684.
- Durso, L., Latner, J., & Hayashi, K. (2012). Perceived Discrimination Is Associated with Binge Eating in a Community Sample of Non-Overweight, Overweight, and Obese Adults. *Obesity Facts, 5*(6), 869-880.
- Flint, S. W., Čadek, M., Codreanu, S. C., Ivić, V., Zomer, C., & Gomoiu, A. (2016). Obesity discrimination in the recruitment process: "You're not Hired!". *Frontiers in psychology, 7*, 647
- Forhan, M., Risdon, C., & Solomon, P. (2013). Contributors to patient engagement in primary health care: perceptions of patients with obesity. *Primary health care research & development, 14*(4), 367-372.
- Greenberg, B. S., Eastin, M., Hofschire, L., Lachlan, K., & Brownell, K. D. (2003). Portrayals of overweight and obese individuals on commercial television. *American journal of public health, 93*(8), 1342-1348.
- Haines, J., Neumark-Sztainer, D., Eisenberg, M. E., & Hannan, P. J. (2006). Weight teasing and disordered eating behaviors in adolescents: longitudinal findings from Project EAT (Eating Among Teens). *Pediatrics, 117*(2), e209-e215.

- Harriger, J. A., Calogero, R. M., Witherington, D. C., & Smith, J. E. (2010). Body size stereotyping and internalization of the thin ideal in preschool girls. *Sex Roles, 63*(9-10), 609-620.
- Hassel, T. D., & Lynn, T. (2002). Effects of obesity on the clinical judgments by Christian and non-Christian mental health professionals.
- Hassel, T. D., Amici, C. J., Thurston, N. S., & Gorsuch, R. L. (2001). Client weight as a barrier to non-biased clinical judgment. *Journal of Psychology and Christianity, 20*(2), 145-161.
- Kenney, E. L., Gortmaker, S. L., Davison, K. K., & Austin, S. B. (2015). The academic penalty for gaining weight: a longitudinal, change-in-change analysis of BMI and perceived academic ability in middle school students. *International Journal of Obesity, 39*(9), 1408.
- Kuk, J.L., Ardern, C.I., Church T.S., Sharma A.M., Padwal R., Sui X, et al. Edmonton Obesity Staging System: association with weight history and mortality risk. *Appl Physiol Nutr Metab.* 2011;36(4):570–6. doi:10.1139/h11-058.
- Latner, J. D., & Stunkard, A. J. (2003). Getting worse: the stigmatization of obese children. *Obesity research, 11*(3), 452-456.
- Maureen C. McHugh. (2019) [Addressing Anti-Fat Bias in Psychology: Education and Resistance](#). *Women's Reproductive Health* 6:4, pages 252-258.
- O'Hara, L., & Gregg, J. (2010). Don't diet: Adverse effects of the weight centered health paradigm. In *Modern dietary fat intakes in disease promotion* (pp. 431-441). Humana Press, Totowa, NJ.
- O'Hara, L., Gregg, J. (2012). Human rights casualties from the "war on obesity": Why focusing on body weight is inconsistent with a human rights approach to health. *Fat Studies, 1*(1), 32-46.
- Pascal, B., & Kurpius, S. E. R. (2012). Perceptions of clients: Influences of client weight and job status. *Professional Psychology: Research and Practice, 43*(4), 349-355.

- Pearl, R. L., Dovidio, J. F., Puhl, R. M., & Brownell, K. D. (2015). Exposure to weight-stigmatizing media: Effects on exercise intentions, motivation, and behavior. *Journal of health communication, 20*(9), 1004-1013.
- Phelan, S. M., Burgess, D. J., Yeazel, M. W., Hellerstedt, W. L., Griffin, J. M., & van Ryn, M. (2015). Impact of weight bias and stigma on quality of care and outcomes for patients with obesity. *Obesity Reviews, 16*(4), 319-326.
- Puhl, R. M., & Heuer, C. A. (2009). The stigma of obesity: a review and update. *Obesity, 17*(5), 941-964.
- Puhl, R. M., Andreyeva, T., & Brownell, K. D. (2008). Perceptions of weight discrimination: prevalence and comparison to race and gender discrimination in America. *International journal of obesity, 32*(6), 992
- Puhl, R., & Suh, Y. (2015). Health consequences of weight stigma: implications for obesity prevention and treatment. *Current obesity reports, 4*(2), 182-19.
- Puhl, R., Peterson, J. L., & Luedicke, J. (2013). Fighting obesity or obese persons? Public perceptions of obesity-related health messages. *International Journal of Obesity, 37*(6), 774e782.
- Robinson, T., Callister, M., & Jankoski, T. (2008). Portrayal of body weight on children's television sitcoms: A content analysis. *Body Image, 5*(2), 141-151.
- Saguy, A. C. (2012). *What's wrong with fat?*. Oxford University Press.
- Schwartz, M., Chambliss, H., Brownell, K., Blair, S., & Billington, C. (2003). Weight Bias among Health Professionals Specializing in Obesity. *Obesity Research, 11*(9), 1033-1039.
- Sheets, V., & Ajmere, K. (2005). Are romantic partners a source of college students' weight concern? *Eating behaviors, 6* (1), 1-9.

- Teachman, B. A., & Brownell, K. D. (2001). Implicit anti-fat bias among health professionals: Is anyone immune? *International Journal of Obesity*, 25, 1525–1531.
- Vartanian, L. R., & Novak, S. A. (2011). Internalized societal attitudes moderate the impact of weight stigma on avoidance of exercise. *Obesity*, 19(4), 757-762.
- Yoo, J. H., & Kim, J. (2012). Obesity in the new media: a content analysis of obesity videos on YouTube. *Health communication*, 27(1), 86-97.
- Yoo, J. (2013). No Clear Winner: Effects of the Biggest Loser on the Stigmatization of Obese Persons. *Health Communication*, 28(3), 294-303.
- Young, L. M., & Powell, B. (1985). The effects of obesity on the clinical judgments of mental health professionals. *Journal of Health and Social Behavior*, 26(3), 233-246.