Seminar

Introduction to NL SUPPORT
Nice to meet you!
Agenda

- NL SUPPORT
  - Funding opportunities
  - Education opportunities
  - Ways to become involved

- Patient Oriented Research

- Choosing Wisely NL
How long does it take to get evidence into practice?
Did you know that?

• It takes **17 years** to move evidence into practice

• **About 14%** of research findings get implemented

• **50%** of patients do not receive evidence-based care, and **25%** get care that is not needed or potentially harmful
How can we reduce the gap?
NL SUPPORT

- Opened Nov. 2014
- A collaboration between:
  - IBM
  - Memorial University
  - Provincial Government (DHCS, BTCRD, RDC)
  - NLCHI
  - Federal Government (ACOA, CIHR)
  - Other jurisdictional agencies with a stake in patient-oriented research
- Located in the Craig L. Dobbin Research Centre
Each SUPPORT Unit is built upon the same core functions
The only requirements for support are:

• Research must be patient-oriented

• Research must include a focus on NL

• Research should address provincial priorities decided between NL SUPPORT and the community
• Patient Oriented Research grant $75,000 (EOI, fall 2016 closed)

• Patient Oriented Research grant $75,000 Indigenous communities (launch Feb 2017)

• Health professional grant $10,000 Rolling program (launch Jan 2017)

• Education funding, masters and PhD, Spring and Fall
Other funding opportunities

• Patient-Centered Outcomes Research Initiative (PCORI)

• Canadian Institute for Health Research (CIHR)

• Advocacy groups

• Office of Public Engagement
FREE education opportunities:

- Monthly webinars
- Face-to-face workshops
- On request sessions

Webinar 5# Jan 19 – 12:30 – 1:30 pm

Create Partnerships, Alies Maybee Patient Partner

http://nlsupport.eventbrite.ca (sign up!)
Who has heard about POR?

POR

is a shorter form of Patient-Oriented Research

by allacronyms.com
What is Patient-Oriented Research?

Research that:
1. focuses on patient-identified priorities
2. engages patients as partners
3. improves patient outcomes

Putting patients first!
Us as partners vs us as subjects

Working together

Studying the subject
What is patient engagement in research?

• **Meaningful and active collaboration in**
  • governance
  • priority setting
  • conducting research
  • knowledge translation (CIHR)

• Research being carried out ‘with’ or ‘by’ members of the public rather than ‘to’, ‘about’ or ‘for’ them (INVOLVE)
Patients as partners (3)

Adapted from IAP2 (2007)
Who has heard about Choosing Wisely?
Choosing Wisely Canada

- CWC has over 200 recommendations for reducing unnecessary testing and other interventions
- Choosing Wisely is bottom-up clinician-led approach to building around patient awareness of testing
- It focuses on common clinical conditions for which testing or treatment has little supporting evidence and may have risk or harm
- This initiative is simple and has had remarkably rapid uptake
CHOOSING WISELY NL

- In-line with ongoing efforts to improve Quality of Care
- Identify intervention and barriers to change behaviour
- Evidence of utilization in NL
- Apply interventions
- Evidence about appropriate utilization from CWC
- Collect evidence on change in utilization
- Theoretical framework for behaviour change
- Inform policy
Quality of Care Projects

Utilization
- Laboratory
- Imaging
- Drug
- Long-Term Care
- Acute Hospital
- Hospital Interventions
- Family Screening

Projects
- Renal Function
- Lactate Dehyd.
- Ferritin
- Carotid Artery Testing
- Peripheral Artery Testing
- Colonoscopy
- Psychotropics in the Elderly
- Antibiotics
- Prediction of LTC Bed Needs
- Personal Care to Nursing Home
- Remote Monitoring
- Pharmacy Clinic
- Early Recovery after Surgery
- Coronary Revasc.
- Stroke
- Bariatric Surgery
- Peripheral Cardiovasc.
- Access to Genetic Testing
- Low Back Pain
Choosing Wisely NL Governance Structure

TPMI Steering Committee

Choosing Wisely NL Project Teams

Choosing Wisely NL Working Group

MUN - Chair
Patient Reps
Eastern Health
Community Reps
Government of NL

MUN RGCS
NLCHI
ACOA
RDC
IBM

CHIA - Director
Government of NL
Patient Advisory Council
MUN Faculty of Medicine

NL SUPPORT
NL RHA's
NLCHI
NLMA
First campaigns

1. Urea testing in family practice in Eastern Health - practitioners

2. Antibiotic use, patient facing campaign – province wide

3. Carotid artery testing – patient facing and practitioners
Next campaigns

1. Peripheral vascular disease testing
2. LDH and Troponin testing in the community
3. Ferritin testing
4. Colonoscopy
5. Antibiotics in Nursing Homes
6. Low back pain imaging
7. Antipsychotics in Nursing Home
How can we work together?

- Expanding the Patient Advisory Network
- Expanding capacity in Patient Oriented Research
- Sharing research findings with the public
- Priority setting activities
- Building project partnerships
- Health festival
- Newsletter
- Twitter and Facebook

How do you think we can work together?
More information

- NL SUPPORT  [www.nlsupport.ca](http://www.nlsupport.ca)
- CIHR  [http://www.cihr-irsc.gc.ca/e/41204.html](http://www.cihr-irsc.gc.ca/e/41204.html)

- Follow us on Facebook and Twitter
  - [Choosing Wisely Twitter](http://Choosing Wisely Twitter) and [Facebook](http://Facebook)
  - [NL SUPPORT Twitter](http://NL SUPPORT Twitter) and [Facebook](http://Facebook)
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