A Provincial Approach to Opioid Dependence Treatment in Newfoundland and Labrador

ODT Hub and Spoke Model Overview and Implementation Update

Wayne Bishop
Provincial ODT Centre of Excellence
Context Leading up to ODT Hub and Spoke Model

- 2017 ODT Gaps Analysis Report Recommendations
- Increased Evidence and Research Knowledge Base
- Increasing Opioid-Related Overdoses
- Need for Integrated System of Service Delivery

- Increased focus on Improved Client Outcomes and Service Evaluation
- Limited Access to ODT services in rural areas
- National Opioid Crisis
Previous Access to Opioid Dependence Treatment

- ODT access through private physicians
- Opioid Treatment Centre - Eastern Health
- Correctional setting service for those already prescribed
- Western Health clinic maintained by a nurse and physician from Central Region
A new comprehensive and integrated model of Opioid Dependence Treatment (ODT) and substance use disorder service delivery in Newfoundland and Labrador.
ODT Hub and Spoke Model
Hub and Spoke ODT Model Overview

• Integration of harm reduction, recovery focused, and person-centered care approaches

• Case management, behavioural counselling, and primary health care needs

• Collaborative teams

• Development and greater integration, connection, and support for primary healthcare ODT practices

• Increased Telemedicine/Telehealth infrastructure
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- ODT learning and knowledge exchange opportunities
- Performance monitoring, research, and model/service evaluation
- Provincial-level prevention initiatives
- Harm Reduction education, program, policy and practice development
- Workforce development & collaboration
- Implementation of the Hub and Spoke Model
Role of Provincial ODT Hubs

- Four regional RHA-based Hubs - regional consultants and subject matter experts on opioid addiction and treatment
- Care Coordination and Consultation
- Comprehensive Care Management, Health Promotion, Transitional Care, Individual and Family Support, Referral to Community and Social Support Services

Role of Primary ODT Services (Spokes)

- Prescribing physician or nurse practitioner and the collaborating addictions counselling professionals/case manager
- Coordinate access to recovery supports and community services, counseling, and case management services
Practicing Harm Reduction In ODT

- Environment, Communication, & Language
- Screening, Assessment, & Discharge
- Overdose Prevention Awareness
- Take Home Naloxone Program
- Consultation and Training
- UDS
- Distribution of Harm Reduction Supplies
Implementation Update

2018-2019:
• Establishment of Centre of Excellence
• Start of 4 Regional Hubs
  • Split HUB in Western and Central Health Region

2019-2020:
• ODT Centre Of Excellence
• Spoke Identification and Development
• Program Design and Planning
• Pharmacy and Prescriber Coverage
• Provincial Opioid Information Monitoring Advisory Group
• Provincial HR Collective & PWLE
Successes

• HUB Service Access – No Waitlists
• Workforce Development
• Community Awareness
• Telehealth/Telemedicine Utilization
• Community Response to Needs Identification
• Harm Reduction Training and Awareness
• Collaborative Efforts – ODT Working Group
• Provincial Opioid Information Monitoring
• 72% Prescribers*
• 26% Individuals
• 30% Pharmacies
2020/21 Spoke Implementation Framework

1. RHA Spoke Staff Support Identification
2. Spoke - Geographical Needs Identification
3. Spoke Selection Criteria & Site Readiness Assessment
4. Spoke Request for Proposals
5. Spoke Education, Guidance, and Implementation Support
6. Progress Reporting and Data Management
7. Performance Monitoring and Evaluation

- Spoke Implementation Advisory Group
- Family Practice Renewal Networks
- Scoping/Mapping
Questions Thoughts Feedback

Wayne Bishop
Program Manager
Provincial Opioid Dependence Treatment Centre of Excellence
wayne.bishop@easternhealth.ca