

# Engaging seniors with early dementia to improve awareness of and access to supportive community services: A pilot project in Newfoundland and Labrador

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# Pilot project

- Focusing on 5 communities and their catchment areas in Eastern NL, Avalon Peninsula, and Burin Peninsula (St. John's, Bonavista, Carbonear, Clarenville, and Marystown).

# Long-term goal

- To inform the development of resources and best strategies to support a sustainable action plan to enhance access to and uptake of supportive services for seniors and their partners/significant others living at home with dementia in NL.

# Objectives

- To identify formal supportive services for seniors with early dementia and their caregivers/partners/significant others.
- To identify barriers and facilitators related to access and uptake of formal supportive services that are necessary to improve and sustain health and QOL.
- To identify best strategies to support the development, implementation, and sustainability of an action plan to enhance access and uptake of supportive services to improve health and QOL.
- To develop a toolkit of resources to facilitate awareness of and access to appropriate community supportive services for seniors living with early dementia and their caregivers.

# Three phases

1. Identification of existing community supportive services for seniors with early dementia in NL.
  
1. Focus groups and individual interviews with descriptive thematic analysis.
  
1. Knowledge Translation and Dissemination
  - Toolkit
  - Executive report
  
  - Conferences
  - Scholarly journals

# Discussion Question