Mobilizing Knowledge to Enhance Life

Presentation to the Newfoundland and Labrador Centre for Applied Health Research | Research Exchange Group

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Outline

• Overview of partnerships
  – Schlegel-UW Research Institute for Aging
  – Schlegel Villages
  – Ontario Centres for Learning, Research, and Innovation in Long-Term Care

• Spotlight projects
  – Knowledge Mobilization Roadmap
  – Core Heart Team
  – The Living Classroom
Enhancing the quality of life and care of older adults through partnerships in research, education and practice.
RIA’s model for innovation

- **Incubation**
  - Implement & evaluate intervention on a small scale

- **Acceleration**
  - Expand & evaluate intervention in additional contexts and settings

- **Mobilization**
  - Mobilize and share to benefit older adults everywhere
By creating a vibrant community where older adults live, students learn and researchers explore, we are transforming the way we age in Canada.
Schlegel Villages

Lora Bruyn Martin
Innovation Specialist
Schlegel Villages

- Manages 11 long-term care, 1 retirement and 7 full continuum care villages across Ontario
- Canadian owned and operated
Schlegel Villages

• **Mission**  To provide holistic health care in a home environment, located within an internal neighbourhood design that promotes a caring community, with emphasis on optimal health and life purpose for each Resident

• **Vision**   Each person lives in a Village where they have life purpose and are able to pursue their passions, develop meaningful relationships, have opportunity to learn and grow, and contribute to their community

• **Values**   Caring People
Passion
Hands-On
Innovation
Positive, Can-Do Attitude
Hard Work
The Schlegel Village design is not only a comprehensive care model addressing seniors’ needs across a wide spectrum, but is specifically designed to function like a small Ontario town streetscape, all indoors, in which community identity and a sense of personal belonging is created.
Ontario Centres for Learning, Research and Innovation in Long-Term Care

Scott Mitchell
Knowledge Broker
The Ontario CLRI is funded by the Government of Ontario and hosted at Baycrest Health Sciences (Toronto), Bruyère (Ottawa), and the Schlegel-UW Research Institute for Aging (Waterloo). The collective expertise, resources and partnerships of our host organizations help advance our provincially mandated goals.

**BAYCREST HEALTH SCIENCES**
Baycrest Health Sciences is a global leader in geriatric residential living, healthcare, research, innovation and education, with a special focus on brain health and aging.

**BRUYÈRE**
Bruyère is an academic organization excelling in the provision of evidence-based health care and services for seniors, vulnerable populations and people with medically complex needs.

**SCHLEGEL-UW RESEARCH INSTITUTE FOR AGING (RIA)**
The RIA is an innovation catalyst. By advancing research, education and practice, the RIA enhances quality of life and care for older adults everywhere.
CLRI is mandated to build capacity through education and training, research, and knowledge mobilization.
Strategic Goal: Transform learning to foster workforce competence and engagement
Since 2012, the Ontario CLRI has worked to transform learning opportunities to strengthen the LTC workforce.

**2017/18 HIGHLIGHTS**

- 127,380 hours of training received by LTC team members
- 6,500+ staff & students trained
- 17 areas of study covered in training
- 62% of 627+ LTC homes reached
CLRI Website: http://clri-ltc.ca

Enhancing the health and well-being of people who live and work in long-term care

The Ontario Centres for Learning, Research and Innovation in Long-Term Care strengthen quality of care and living for residents across the province through training, education and knowledge mobilization.
CLRI Resources and Events

**CHOICE+ Program: Enhancing the Mealtime Experience in Long-Term Care**

*Resource Type:* Program, Toolkit, Website

CHOICE+ is an innovative program that enhances the mealtime experience for residents in long-term care. It focuses on nurturing relationships and creating comfortable dining environments.

**Living Classroom Implementation Guide**

*Resource Type:* Toolkit, Website

This guide provides information and tools for long-term care (LTC) homes and post-secondary educators (e.g., community colleges) that have an interest in collaborating to create shared learning environments for Personal Support Worker (PSW) education and workforce development.

How can an audio-visual multimedia tool support cycling activity among older adults in long-term care homes?  

*Where:* Webinar  
*When:* March 21, 2019, 12:00 pm - 1:00 pm EST  
*Cost:* Free

This webinar will present the results of a multi-site study describing residents' engagement in a cycling activity when using an...
Spotlight Project:
RIA’s Knowledge Mobilization Roadmap
Knowledge Mobilization is the process by which research and the real world connect to each other.

It includes dissemination and implementation activities informed by intentional interactions with stakeholders to ensure that scientific knowledge is practice-informed and practice and policies related to aging are evidence-informed.

Stakeholders include, but are not limited to: older adults, researchers, formal and informal care partners, policy makers, students, and innovators.

The ultimate objective of knowledge mobilization at the RIA is to enhance quality of life and care of older adults.
GOAL #1
To be a leader in knowledge mobilization in the field of aging.

GOAL #2
To engage knowledge users throughout the research and development process.

GOAL #3
To catalyze practice change based on best evidence.

GOAL #4
To build internal capacity for knowledge mobilization.

RIA’s KMb Roadmap: Overview
RIA’s KMb Roadmap: Priorities

Ensure researchers and RIA staff have a shared commitment to, and understanding of knowledge mobilization.

Build internal KMb capacity.

Define KMb process from research proposal through implementation, evaluation, dissemination and mobilization (including developing and implementing evidence-based practice change interventions, development of KMb products, and co-production of knowledge).
Spotlight Project:
Core Heart Team
Core Heart Team

- Drs. George Heckman and Veronique Boscart (RIA)
- 3 key components
  - Heart Failure education
  - Interprofessional communication
  - Specialist mentoring
Spotlight project: The Living Classroom
Living Classroom, The Village at University Gates, Waterloo

A New Approach to Workforce Development
What is the Living Classroom?

Rooted in the 1980s teaching nursing home concept that “links and creates synergy between the separate spheres of research, clinical care, and education.”

— Chilvers and Jones, 1997

DEFINITION: “The Living Classroom is an interprofessional education program delivered in a long-term care home, where faculty, students and those living and working in the long-term care home engage in a culture of interactive learning”

— Living Classroom Implementation Guide
The Living Classroom at Schlegel Villages

2009: Riverside Glen (Guelph)
2015: University Gates (Waterloo)
2019: Wentworth Heights (Hamilton)
Living Classrooms across Ontario

Dryden
Fort Frances
Guelph*
Hamilton*
Kenora
Ottawa
Renfrew
Thessalon
Waterloo*

* Schlegel Villages
Benefits of the Living Classroom

- Increases enrollment in PSW programs.
- Promotes continuous learning and sharing of best practices.
- Produces students with confidence and skills that prepare them for careers working with older adults in long-term care.
- Inspires more PSWs to work in long-term care.
Implementation Guide

The Living Classroom Implementation Guide is a step-by-step manual for long-term care homes and colleges who have an interest in collaborating to create shared learning environments for personal support worker (PSW) education and development.
10 Building Blocks

The Implementation Guide introduces 10 building blocks for a successful Living Classroom.

Unlock the potential. Open the door to the living classroom.
Living Classroom Readiness Assessment

Readiness Self-Assessment Checklist for Long-Term Care Homes

A Living Classroom is a full-length college program for Personal Support Workers, Practical Nurses, or other healthcare professions delivered within a long-term care home. The Living Classroom increases student enrollment by bringing education closer to home, promotes interprofessional learning, and builds workforce capacity by educating team members who are more confident and prepared for a career working with older adults in long-term care. For more information, visit [http://livingclassroom.ca](http://livingclassroom.ca).

Not every long-term care home is prepared to act as a learning environment for students. If your long-term care home is interested in collaborating with a college to host your own Living Classroom, here are a few questions to consider before you get started.

Are You Ready to Build a Living Classroom?

<table>
<thead>
<tr>
<th>SUCCESS FACTORS</th>
<th>YES</th>
<th>NO</th>
<th>NOT SURE</th>
<th>COMMENTS</th>
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<td>Leadership Support</td>
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<td>Is senior leadership convinced of the value of the Living Classroom in addressing workforce education and recruitment challenges?</td>
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<td>Is implementation of a Living Classroom aligned with organizational, regional and system goals?</td>
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<td>Is senior leadership willing and able to lead the planning process?</td>
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Are You Ready to Build a Living Classroom?

Visit livingclassroom.ca

Tour a Living Classroom at the RIA
Keep in touch!

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