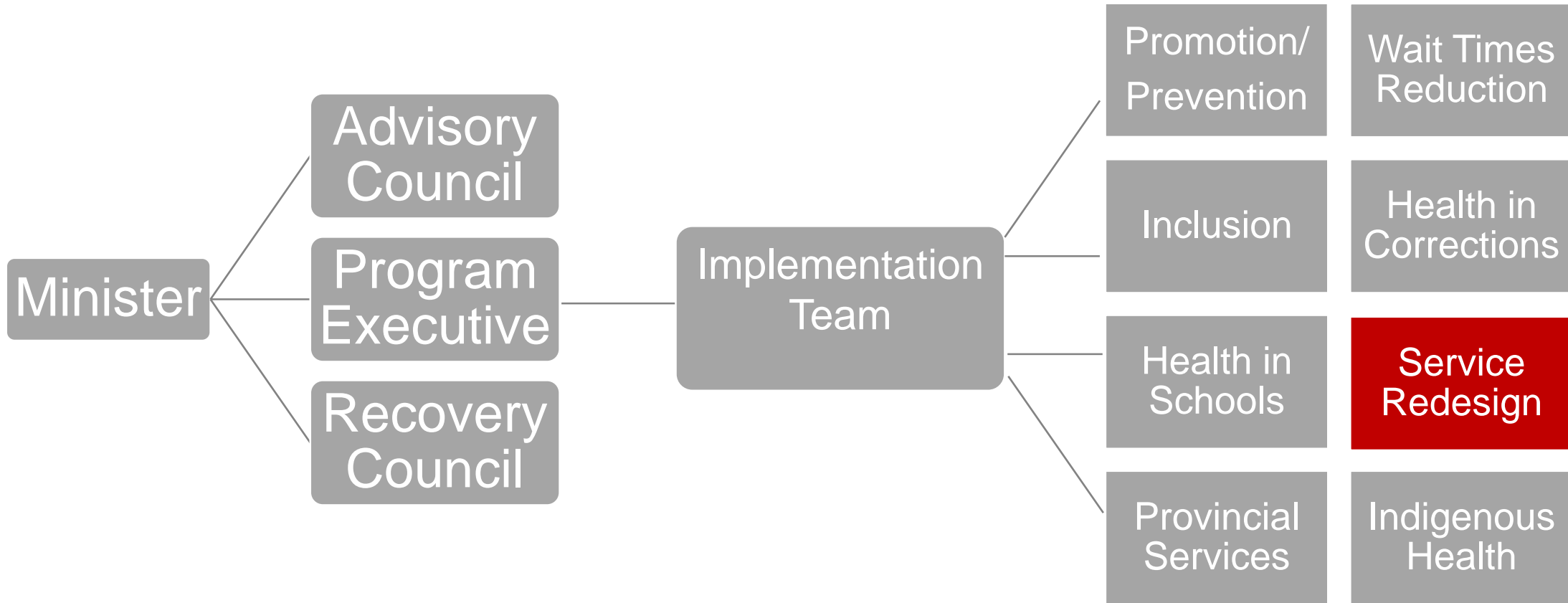


Provincial Opioid Dependence Treatment Model for Newfoundland & Labrador

November 20, 2018



Towards Recovery: The Mental Health and Addictions Action Plan for NL



Opioid Action Plan – November 2016

Prevention:

- Provincial Prescription Monitoring Program
- Provincial Pharmacy Network

Harm Reduction:

- Naloxone Take Home Kit Program

Education:

- Mandatory safe prescribing course for physicians and NPs

Treatment:

- Increased Access to Suboxone

Current State

Opioid related deaths:

2016 - 18

2017 - 33

Hospital admissions involving opioid poisoning:

- 2016 - 57
- 2017 - 84

Source: NLCHI, August 2018

Current Opioid Dependence Treatment

- ODT access through private physicians
- Opioid Treatment Centre -Eastern Health (offers some telehealth)
- Correctional Setting Service for those already prescribed
- Western Health clinic maintained by a nurse and physician from Central Region

New model of ODT delivery in NL

- Provincial Centre of ODT Excellence
- Regional ODT Treatment Centres (Hubs)
- Enhanced Primary Healthcare ODT Practices (Spokes)

Provincial ODT Model

- Build on current RHA and private primary care physician ODT services
- Integration of harm reduction, recovery focused, and client-centred care approaches
- Rapid access to Suboxone as a first line drug for the treatment of opioid use disorders
- Multidisciplinary team services
- Increased Telemedicine/Telehealth infrastructure

Overall goals

- Person-centered care closer to home
- Improved access to harm reduction and treatment services
- Comprehensive care management and coordination with primary health care
- Individual and Family Support
- Referral to Community and Social Support Services

Principles of Care

Respect

Person
Centered

Accessibility

Recovery
Focused

Responsive

Effective

Efficient

Wellness

Staffing

Regional Hubs:

Nurse, addictions counselor, nurse practitioner, psychologist, peer support worker, pharmacist, prescribing physician, and case manager

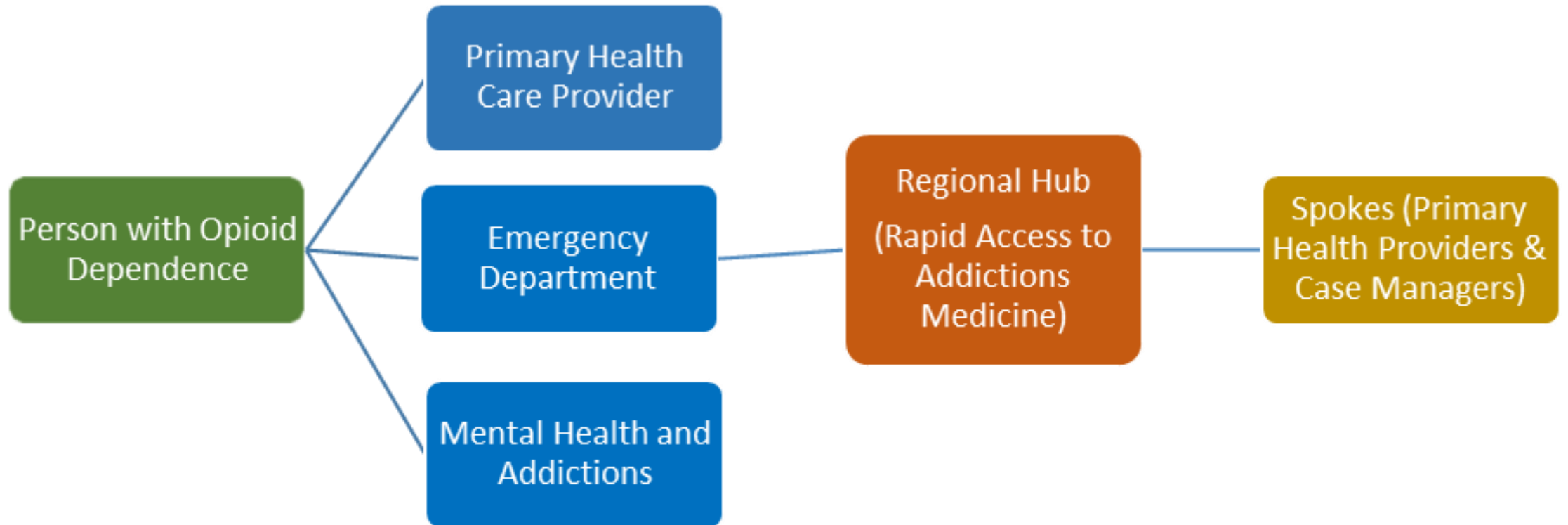
Primary Care ODT Spokes:

Addictions Counselor/Case Manager working with prescribers of ODT

Provincial Centre of Excellence:

Centre Coordinator, Knowledge Exchange Facilitator, Harm Reduction Coordinator, Administrative Support, Addictions Medicine Specialist

Example Pathway



Provincial Centre of Excellence

- Coordinate education and training for health care providers and community services
- Develop and share key performance reports and regional experiences
- Keep informed of changing knowledge and evidence in the addictions field
- Leadership role in ODT research

Outcome Monitoring and Evaluation

Success can be measured by indicators such as:

- Rate of opioid-related deaths
- Rate of opioid-related emergency department visits
- Rate of opioid-related hospital admissions
- Number of primary care practitioners (physicians and nurse practitioners) who prescribe OAMT
- Number of community pharmacies providing OAMT services
- Number of people receiving treatment for opioid use disorder
- Percentage of people who receive services within # days of referral
- Number of take home naloxone kits distributed

Implementation

Fall 2018:

- Establishment of Centre of Excellence
- Start of 4 Regional Hubs

2019-2020:

- Develop Spokes

Thank you!

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