Provincial Opioid Dependence Treatment Model for Newfoundland & Labrador

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Prevention:
• Provincial Prescription Monitoring Program
• Provincial Pharmacy Network

Harm Reduction:
• Naloxone Take Home Kit Program

Education:
• Mandatory safe prescribing course for physicians and NPs

Treatment:
• Increased Access to Suboxone
Current State

Opioid related deaths:
2016 - 18
2017 – 33

Hospital admissions involving opioid poisoning:
• 2016 – 57
• 2017 – 84

Source: NLCHI, August 2018
Current Opioid Dependence Treatment

- ODT access through private physicians
- Opioid Treatment Centre - Eastern Health (offers some telehealth)
- Correctional Setting Service for those already prescribed
- Western Health clinic maintained by a nurse and physician from Central Region
New model of ODT delivery in NL

- Provincial Centre of ODT Excellence
- Regional ODT Treatment Centres (Hubs)
- Enhanced Primary Healthcare ODT Practices (Spokes)
Provincial ODT Model

• Build on current RHA and private primary care physician ODT services
• Integration of harm reduction, recovery focused, and client-centred care approaches
• Rapid access to Suboxone as a first line drug for the treatment of opioid use disorders
• Multidisciplinary team services
• Increased Telemedicine/Telehealth infrastructure
Overall goals

• Person-centered care closer to home
• Improved access to harm reduction and treatment services
• Comprehensive care management and coordination with primary health care
• Individual and Family Support
• Referral to Community and Social Support Services
Principles of Care

- Respect
- Person Centered
- Accessibility
- Recovery Focused
- Responsive
- Effective
- Efficient
- Wellness
Staffing

**Regional Hubs:**
Nurse, addictions counselor, nurse practitioner, psychologist, peer support worker, pharmacist, prescribing physician, and case manager

**Primary Care ODT Spokes:**
Addictions Counselor/Case Manager working with prescribers of ODT

**Provincial Centre of Excellence:**
Centre Coordinator, Knowledge Exchange Facilitator, Harm Reduction Coordinator, Administrative Support, Addictions Medicine Specialist
Example Pathway

Person with Opioid Dependence
- Primary Health Care Provider
- Emergency Department
- Mental Health and Addictions

Regional Hub (Rapid Access to Addictions Medicine)

Spokes (Primary Health Providers & Case Managers)
Provincial Centre of Excellence

- Coordinate education and training for health care providers and community services
- Develop and share key performance reports and regional experiences
- Keep informed of changing knowledge and evidence in the addictions field
- Leadership role in ODT research
Outcome Monitoring and Evaluation

Success can be measured by indicators such as:

- Rate of opioid-related deaths
- Rate of opioid-related emergency department visits
- Rate of opioid-related hospital admissions
- Number of primary care practitioners (physicians and nurse practitioners) who prescribe OAMT
- Number of community pharmacies providing OAMT services
- Number of people receiving treatment for opioid use disorder
- Percentage of people who receive services within # days of referral
- Number of take home naloxone kits distributed
Implementation

Fall 2018:
• Establishment of Centre of Excellence
• Start of 4 Regional Hubs

2019-2020:
• Develop Spokes
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